

SPIRITUAL LIFE AND MESSAGE



Louise

Song: *Give Me a Clean Heart*

Prayer: as the Spirit leads

Scripture: John 14:15-17

Meditation

“WHEN YOU CAN’T FORGIVE”

As Zena logged out of the Zoom Watch Night service, she continued to struggle with the pastor’s message about forgiveness

and love. Although it had been five years since her father had taken her mother’s life and botched his suicide attempt, she still had not found it in her heart to forgive him. Excusing him for divesting her of her best friend, confidant, and loving mother was something she struggled with daily.

Knowing she needed to forgive her father was easier said than done. Sessions with her therapist were helping with her grieving process but were making no dents in the process of forgiving her father. She knew it was necessary but could not find it in her heart to do so.

Many people find themselves in a dilemma similar to Zena’s inability to forgive someone who has created a deep chasm of pain in their lives. The circumstances may not be the same as Zena’s, however, the situation has caused an inability to forgive the individual who hurt or wronged them. Is there someone in your life whom you need to forgive, but just cannot? Does this inability to forgive cause you moments of concern? Do you want to have the ability to pardon someone?

If you answered yes to any of the above questions, there is hope. While your heart may not be looking to excuse the actions of an individual at this time, there is someone who can help your heart get to that point. Forgiving someone is not an action we can achieve on our own. We need the power of the Holy Spirit working to soften our hearts and allow us to forgive. He will help anyone who asks to get to that point of forgiveness.

Prayer: Dear All-knowing Father, as I continue my journey toward eternal life, I ask that You help me in the process of forgiving others. Let the Holy Spirit continue to work in my heart and turn it from stone to a heart filled with the attributes that reflect Your love, grace, and forgiveness. In the name of Your Son, Jesus Christ I pray. Amen.

Word of Encouragement: No matter how difficult a task may be, the Holy Spirit will give you whatever is needed to see it through completion.

Polishing Your Communication Power

1. anorak 2. eschatology 3. jihad 4. chasm

- a. the study of matters relating to the ultimate destiny of mankind and the world
- b. pullover hooded jacket long enough to cover the hips
- c. something of immeasurable and vast extent
- d. a holy war on behalf of Islam

Last Month’s Answers

1. d 2. b 3. c 4. a

TERMS OF WINTER

Word Search

R E S C W I C I C L E A L R U Y V
 H O A Q O S X F R U I T C A K E A
 T K Q T L M W E A R M U F F S L E
 T K A U H V F B P O L A R S R G X
 W E S W I A L O I W A U L R G C L
 G H V M F M W K R K N V X N G O Y
 E O U U L T V J S T W M O I E U E
 K C U O D H A I L B E G S Y S G C
 C W E S F C R Z B L Q R D T B H I
 X O G E K B N G K B N L I F X I K
 O O P E L Y M S E V O L G A H H C
 O L T X K F H K X C W B Q R P B A
 W X J S X X S N E T T I M D M V L
 X F P Y U H Y P O T H E R M I A B
 O A R C T I C W P T H L W R P G F
 T H H T W S D Z J U V A G I W F P
 T O V E R C A S T O G O G Q M T X

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|-----------|-------------|----------|
| Arctic | Earmuffs | Jacket |
| Black Ice | Eggnog | Mittens |
| Brisk | Fleece | Overcast |
| Comforter | Fruitcake | Polar |
| Cough | Gloves | Slush |
| Drafty | Hypothermia | Thaw |
| Duvet | Icicle | Wool |